

Initiative / Services	Description	Impact	
YOUNG PEOPLE			
<p>Inspire+ Ambassador Sam Ruddock</p>	<p>Sam visited all Inspire+ primary Schools this year. His assemblies reflected on Rio 2016 and how he has dealt with not achieving the results he had hoped for. He related this to the children of how they might not always achieve what they hope to, but to never give up. Sam ended each assembly discussing nerves and fear and how these are completely normal feelings and ways we can all deal with them.</p>	<p>Sam visited all 38 of Inspire+'s primary schools across the year. This resulted in approximately 8000 young people being engaged in Sam's assemblies.</p> <p>Teachers commented that they thought this was Sam's best assembly yet. The impact it had on the children was excellent with the feelings that Sam has at competitions relating to the children when in their own sports competition or school tests/exams. It was really good for the children to see that it is ok to sometimes fail and not always achieve what you expect to, but to never give up.</p>	
<p>Inspire+ Ambassador Sophie Allen</p>	<p>This year, Sophie has visited 36 of 38 Inspire+ member schools and delivered half day sessions which have focussed on Girls in Sport, Achieving your Goal, Communication, Teamwork and Diet & Nutrition.</p> <p>Schools could make the choice between what topic they wished Sophie to present on their half day, depending on the needs of their school and pupils.</p> <p>Sophie has also been part of the Inspire+ gifted and talented programmes alongside the Inspire+ mentoring programme, and has helped to deliver mentoring in 6 Inspire+ member schools.</p>	<p>Sophie's half day sessions have engaged approximately 2200 children from 36 different schools this academic year.</p> <p><i>"Sophie was GREAT! Perfect workshops for this time of year, nearing Y6 SATs! Please pass on our thanks – she's such an enthusiastic speaker: truly inspirational!"</i> St Gilberts PE Coordinator</p>	

<p>Inspire+ Ambassador Ben Smith</p>	<p>On the 1st September 2015 Ben began one of the most challenging and rewarding experiences of his life. Ben ran 401 marathons on 401 consecutive days around 309 different locations of the UK mainland.</p> <p>Following the completion of this challenge, which also included 2 marathons running between Inspire+ schools, Ben came to give an assembly about his challenge to each of our schools and highlight the issues of bullying and resilience.</p>	<p>Ben visited 34 Inspire+ Primary & Secondary schools over 2 weeks during schools anti-bullying week.</p> <p>The scale of the challenge which Ben explained to children during the assembly stunned them. His assembly included messages of resilience, about bullying and how no matter who you are, what you're like, where you come from, you can achieve anything if you set your mind to it.</p>	
<p>Inspire+ Ambassador Sarah Outen MBE</p>	<p>Sarah was available this year to visit Inspire+ schools speaking specifically on her ocean crossings during her London2London adventure. These were parts of her journey that saw her lose 2 rowing boats and be rescued twice because of storms and damaged equipment. This did not stop Sarah who continued her journey and re-rowed the Atlantic ocean.</p> <p>From Sarah's assemblies, she was able to speak to the children about resilience and how everyone faces barriers and setbacks, but to not let these stop you achieving your goals and dreams.</p>	<p>Sarah gave assemblies at 10 Inspire+ member primary schools. She also went to Little Gonerby Infants for a half-day as part of their adventurer's topic. Alongside school visits, Sarah also gave an evening talk to the staff of one of the charity's sponsors, the Specsavers store in Grantham.</p> <p><i>"I just wanted to say a huge thank you for organising our visit from Sarah. As we are thinking about why explorers explore, Sarah came in to talk to the children about her adventures, bringing her bike and kayak with her. I found Sarah so interesting to listen to and totally inspiring! The children got so much out of her visit; listening to her so attentively and asking her such relevant questions. They were so excited to be meeting a 'real life explorer' and the way Sarah spoke to the children was amazing, she really was wonderful with them, speaking to them at their level and answering their questions with patience and honesty! Also, the feedback that we have since had from parents has been very positive, the children obviously went home full of enthusiasm and excitement! Once again, thank you for a wonderful day!" Class teacher</i></p>	 
<p>Inspire+ Ambassador Shona McCallin MBE</p>	<p>Local girl Shona McCallin, who went to school at Long Bennington Primary School followed by KGGs, is a professional full time hockey player who was part of the squad that went to the Rio Olympics and brought home the gold medal!</p>	<p>Shona visited 38 Inspire+ schools over the year, plus a special visit to Deeping Hockey Club.</p> <p><i>"Shona McCallin visited us at the beginning of the year and all of the children were extremely excited to hear about her journey to Rio.</i></p>	

	<p>We are extremely proud to have Shona as an Ambassador, being a local girl who has achieved the ultimate goal as an athlete is truly inspirational.</p> <p>At the end of her assembly's Shona challenged pupils with the question; could they be the next gold medallist from Lincolnshire?</p>	<p><i>Shona's talk was incredibly inspiring; the children were in awe to hear that someone, who had grown up in their hometown, had achieved so much! They loved to hear about her journey to the Olympics: her early morning and late evening workouts; early wake up calls; stories of meeting her favourite athletes; her strict diet and especially her lack of McDonalds even though it was free!</i></p> <p><i>To top it all off, we got to see a real Olympic gold medal- the ultimate aspiration for any athlete! She proved we can be the best version of ourselves and achieve our dreams, whatever they may be, if we work hard at it and never give up!"</i></p> <p>National School PE Coordinator</p> <p><i>"It was a fantastic experience to welcome Shona to Holy Trinity. Her assembly was an exciting and unique opportunity for the children to listen to a gold medal Olympian! She left the children both inspired and enthused after her visit, her stories and the information she shared was aimed perfectly to enable all the children listening to take something positive from it - many thanks to both Shona McCallin and Inspire + for providing this!"</i></p> <p>Holy Trinity Deputy Headteacher.</p>	 
<p>Inspire+ Ambassador Mary Rook</p>	<p>Mary joined Inspire+ as an ambassador this year. She is a professional sailor, who has been competing for many years.</p> <p>Schools were able to track Mary in her first races of the season via her website and twitter account.</p>	<p>Schools have been able to interact with Mary during her races through social media.</p> <p>She kept schools up to date with her race news and progress and schools could track her via live satellite links.</p>	

<p>Young Ambassadors (YAs)</p>	<p>The Young Ambassador programme originates from the success of London 2012 and wanting to continue the inspirational games 'inspire a generation' ethos.</p> <p>The Young Ambassador Programme is a country wide initiative which ranges from Bronze YA's in Key stage 2 through to Platinum YA's in Key Stage 5.</p> <p>We are proud to deliver all aspects of this programme which actively engages young people year 5 all the way through to year 13.</p>	<p>We have seen an increase in the number of Young Ambassadors at all levels within our area. We have trained over 120 Bronze Young Ambassadors which have then gone on to help lead on programmes such as the Legacy Challenge, Legacy Tour and the Mini Olympics.</p> <p>The senior Young Ambassadors have also been busy helping out by organising the Legacy Tour, Mini Olympics and other events throughout the year.</p>	
<p>Inspire+ Legacy Challenge</p>	<p>Launched in 2012 with the support of Lord Coe, pupils embark on a series of challenges created to realise the London 2012 pledge of 'inspiring a generation'.</p> <p>The Legacy Challenge is totally bespoke and designed by the charity to encourage our young people to be inspired towards a lifetime of sport, culture and healthy living.</p> <p>The Legacy Challenge was used by schools throughout the whole year or as a condensed project.</p> <p>The Inspire+ Legacy Coordinator supported schools to embed the resource in schools.</p>	<ul style="list-style-type: none"> • <i>New design of logbooks that focused on the Inspire+ Ambassador, this was to encourage the children to aspire to be like the ambassadors and achieve great things.</i> • <i>Lincolnshire Sport funded the legacy Challenge to be a free resource available to all primary schools in Lincolnshire.</i> • <i>Trained over 200 bronze Young Ambassadors to lead and promote healthy lifestyles to their fellow pupils</i> • <i>55 Schools engaged throughout the county</i> • <i>Over 100 teachers were trained to embed the programme within their schools</i> • <i>Over 11,000 pupils engaged in the Legacy Challenge</i> <p><i>"Through pupil voice, displays (photos and evidence), the website and the ethos of the school in general, our inspector was very impressed with how the Legacy Challenge and the enthusiasm of the Bronze Ambassadors seemed to be affecting the general atmosphere in the school. As many of our children spoke with such passion about their roles in school, leadership and volunteering and the challenges they set themselves through the Legacy Challenge the inspector ended up asking for a copy of the Legacy Challenge and has made reference to it in our final report.</i></p>	 

		<p><i>He could see there was a clear link between the children's general behaviour and attitude to work and the work we do with them through the Bronze Ambassador training and the Legacy Challenge. The inspection process does now look very closely at SMSC in schools and the Legacy Challenge appears to have ticked a box for them in my school.</i></p> <p><i>Thanks again for this wonderful toolkit and producing something that addresses a large number of SMSC areas through sport, healthy lifestyles and values."</i></p> <p>Mr Clack, Headteacher, Great Ponton Primary School.</p>	
<p>KS1 Gifted and Talented Programme</p>	<p>The second year of the gifted & talented programme for KS1 pupils, delivered by our extremely experienced athletics and FUNdamentals coach, was held in two locations to provide opportunities to as many children as possible.</p> <p>Each course consisted of 6 sessions and parents were invited to stay to view the sessions, assist their children and learn about the importance of FUNdamental movements.</p> <p>The programme is based around a set of 12 core activities which are designed to test and develop a child's ability in the following important areas (as well as others): Balance, Control and stability, Leaping and landing, Coordination and rhythm, Single arm throwing, Speed, Foot-Eye coordination, Hand-Eye coordination, Spatial awareness, Two arm throwing, Agility. Sporting values of Teamwork, Respect, Honesty, Passion, Determination & Self-belief are also explored and celebrated.</p>	<p>The Key Stage 1 gifted and talented programme was offered to 41 pupils from 24 different primary schools in the Grantham, Stamford and Deeping areas.</p> <p>Pupils completed the 6 session blocks, and in the final session had the chance to put the core skills they had been learning about into practise. They all gained 'Infant Agility 1' certificates, with the level being categorised following their results in the final session.</p>	 

<p>Years 3&4 Gifted and Talented Programme</p>	<p>Children that were identified by their school as being gifted and talented in sport were able to access termly sessions in Grantham and Stamford.</p> <p>The 6 sessions focused on:</p> <ul style="list-style-type: none"> • Communication • Team Work • Diet & nutrition • Psychology • Fitness & exercise • Game play <p>Sessions were practical with theory built in and tasks to take away and complete between sessions. Parents were able to stay and watch the sessions and hand outs were also provided with the information from the sessions for children to take home with them.</p>	<p>All the sessions were led by Inspire+ Ambassador, Olympic Swimmer Sophie Allen. This was a fantastic opportunity for all the children getting to learn from and hear the experiences of a local Olympian!</p> <p>70 year 3 & 4 pupils accessed the 6 sessions in either Grantham or Stamford.</p>	
<p>Years 5, 6 & 7 Gifted and Talented Programme</p>	<p>This programme was run in partnership with the University of Lincoln. The programme consisted of sessions run by Inspire+ Ambassador Sophie Allen, with tasks being set for the children to complete between the sessions, before the final session – a trip to the University of Lincoln.</p> <p>The sessions included:</p> <ul style="list-style-type: none"> • Psychology • Biomechanics • Strength & conditioning • Adaptive game play • Diet & nutrition • Fitness testing <p>Children accessed the University's high quality equipment and facilities. This gave them an early insight into Universities and to meet University students and lecturers.</p>	<p>The Year 5,6 & 7 Gifted and Talented programme was offered to Inspire+ member schools, with 25 schools taking part in the programme, totalling 52 pupils.</p> <p>Pupils completed the sessions with Sophie Allen, and in the final session, held at Lincoln University, had the opportunity to use advanced equipment to solidify their learning from the programme.</p>	

<p>Gifted and Talented Grant Scheme</p>	<p>Inspire+ supported pupils identified by the school as Gifted and Talented, if kit, transport, or club membership fees were a barrier to reach their potential.</p>	<p>This year, 6 primary schools applied for Grant Scheme funding for pupils they had identified as gifted and talented. These applications granted 9 pupils funding through the Grant Scheme.</p> <p>In total, £1500 was awarded to pupils via the Gifted and Talented Grant scheme this academic year.</p> <p><i>“The funding has allowed William to receive extra coaching from both Lincolnshire and Leicestershire coaches and he is now playing for the full Lincolnshire Team.”</i></p> <p><i>“The funding has helped pay for extra training sessions and competition costs allowing Robbie to learn more challenging routines.”</i></p>	
<p>Paralympic Half-days</p>	<p>Each school has received a half-day of coaching from our disability sports expert.</p> <p>Schools have utilised this to give classes a flavour of all inclusive sports for their children and up skill their staff to be able to continue the delivery of the sports.</p>	<p>Sports that can be offered are:</p> <ul style="list-style-type: none"> • Boccia • New Age Kurling • Seated Volleyball • Goal ball <p>These sports are fully inclusive and can be played in spaces as small as a classroom.</p>	
<p>Mini Olympics</p>	<p>The 10th Mini Olympics took place on Wednesday 21st June at the South Kesteven Athletics Stadium in Grantham. The event was attended by Inspire+’s primary schools and was themed on the legacy of Rio 2016.</p> <p>Samba bands, carnival dancers and freestyle footballers brought the Rio theme to life whilst local sports clubs and coaches ran the activity stations for the day.</p> <p>The day is a huge celebration for the charity and those involved with it, made even more special by it being the 10th anniversary of the first Mini Olympics.</p>	<p><i>“Wow! The children and staff from our school had the best time yesterday at the Olympics. They haven't stopped talking about it. They loved the fact that they learnt new skills and just the whole experience. Teachers were full of praise for how it was all organised and I have heard lots about it. Thank you so much! What a great opportunity for our children. Well done to you and your team.”</i> Primary School Teacher.</p> <p><i>“We had a great time yesterday. Thank you again for having us, it was great to see so many children enjoying dance and the Olympic Athletes joining in with our choreography! It was a great opportunity too for me to meet more teachers in the region and tell them about the National Nutcracker project.”</i></p>	

	<p>The day allows the charity's schools, leaders, trustees and partners to come together for an inspirational day and for the year 3 & 4 children taking part to experience what might be for many of them, their first big sporting event. The event includes its own opening parade and closing ceremony with mass dance.</p>	<p>Sports Zone coach</p>	
<p>PGL Half day access</p>	<p>Schools had the opportunity to take pupils to PGL Caythorpe.</p> <p>Emphasis was placed around extending PE opportunities (OAA) and giving pupils access to outstanding facilities and instructors.</p>	<ul style="list-style-type: none"> • 20 member schools accessed PGL Caythorpe for at least half a day. Schools would not normally be able to access PGL for half a day, this is thanks to their Inspire+ membership • As a result, 367 pupils got to visit PGL Caythorpe to experience the great outdoor adventure facilities they have. 	
<p>PGL Access Weekend (year 6-7 transition)</p>	<p>Schools had the opportunity to select pupils to attend a special weekend at PGL, staffed by Inspire+. The weekend is aimed at pupils in year 6 to help aid transition from primary school to secondary school.</p> <p>Schools had the discretion on pupils chosen, with reasons ranging from being a Young Ambassador, attainment, good behaviour, students with low self-confidence or students who have never experienced outdoor education before, which may have been due to financial restrictions.</p> <p>This year saw parents able to buy places if they wished. We also had 12 of our top Leadership Academy members attend to help develop their skills and training.</p>	<p><i>"Thank you so very much. Our son David had a marvellous time, he thoroughly enjoyed all the activities and he said that it was a great opportunity to meet other boys that he will be going to secondary school with."</i></p> <p><i>"Hi I've just picked my daughter up from her stay with you Lily Smith. Wow what can I say after years of Lily suffering with severe anxiety and having to cancel 2 trips to PGL amount numerous things involving Lily being apart from us it's like I have a different confident happy little girl. This is down to you all for making Lily's stay so amazing and giving her the confidence to overcome a massive barrier that as stopped her from doing so many things. Thank you all so much xxx"</i></p>	 

<p>Wheelchair Sports</p>	<p>Working alongside Lincolnshire Sport, schools can access wheelchairs and training that can be utilised in PE and OSHL setting.</p>	<p>This opportunity is available for all schools and can support the breadth and diversity that these children experienced in the curriculum.</p>	
<p>TEACHING STAFF</p>			
<p>PE, Sport and Leadership Conference</p>	<p>The Inspire+ organised conference provided the platform for teachers to develop PE, Sport and Leadership provision.</p> <p>Workshops were run by national and local facilitators, including a workshop held by the Royal Opera House.</p> <p>Inspire+ Ambassador and Adventurer, Sarah Outen, was our special guest along with former GB international badminton player Gail Emms.</p>	<p>Following on from the PE & Sport Conference, 17 schools registered an interest with the National Opera House, schools received resources/training from Allison Consultancy and schools began using the database produced by Matt Evans from Carre's Grammar School to aid schools with tracking pupil participation.</p>	
<p>CPD Courses</p>	<p>A comprehensive programme of primary school courses, delivered locally and nationally, were coordinated for member schools. Courses were aimed at supporting all school staff to deliver high quality PE and Sport.</p> <p>Implementation of real gym was the focus this year.</p>	<ul style="list-style-type: none"> • 11 local CPD courses and 12 national CPD courses have been facilitated • A total of 140 staff members applied for places on the courses • 100% of attendees agreed/strongly agreed the course equipped them to make an impact on their practice • Comments from the course evaluation forms include: <p><i>"gave me lots of confidence to deliver a range of skills and to recognise progress"</i></p> <p><i>"I loved it!"</i></p> <p><i>"A great, if not perfect, blend of knowledge, practical and reflection"</i></p> <p><i>"Really interactive, great tutor knowledge, really friendly and fun...thank you"</i></p> <p><i>"An interesting, useful day. Great!"</i></p> <p><i>"lots of ideas to take away, links well to age of children...course leader knowledgeable & friendly"</i></p>	

Real PE	Scheme of work from Create Development that works on building children's skills in agility, balance and coordination through a set of 12 skill based cards that progress in difficulty from yellow to black. These skills are then implemented through non-traditional games to further progress the children's skill level.	<ul style="list-style-type: none"> 25 schools accessed curriculum team teaching support. 	
Real GYM	Another scheme of work from Create Development which is a new and holistic approach that makes gym relevant, meaningful and challenging for every child.	<ul style="list-style-type: none"> 21 schools accessed the CPD training from Create Development. 17 schools accessed curriculum team teaching support 	
SCHOOL			
Mini Bus	Inspire+ secured access to a mini-bus to ensure pupils can access sports fixtures/events.	1 school accessed this support.	
Workshops / Advice in writing & preparing applications	Inspire+ are supporting schools with the application process. Applications can be submitted by the school or constituted parents groups/associations linked to the school.	7 schools had their applications approved for funding. These schools made use of the advice given in writing and preparing their application. Schools received funding for things ranging from a new trim trail to a community library.	
TOP Swimming	This initiative funds 50% of an additional qualified school Swim teacher to work with non-swimmers to ensure children meet the KS2 requirement.	Schools continue to access this programme that is proven to support the development of targeted pupils.	

<p>Parent Volunteer Programme</p>	<p>Inspire+ provided an induction event for parents giving them access to basic sports training to enable parents to assist sports clubs at their child's school. This can also be an opportunity for parents to progress into paid job roles.</p>	<p>This year, Inspire+ had interest from parents/guardians from 8 different schools. There were 14 parents/guardians who showed an interest in the programme with 9 of these able to attend the Inspire+ training session.</p> <p>Following on from the parent volunteer induction, a third of these parents/guardians are now currently involved with school or extra-curricular clubs.</p>	
<p>Inspire+ Legacy Tour 2016/17</p>	<p>This year's Legacy Tour was based around the legacy of the Rio 2016 Olympics and Paralympic Games, alongside raising awareness of sugar content and how much sugar different foods and drinks contain.</p> <p>All member schools were offered the opportunity to be part of the Inspire+ Legacy Tour.</p>	<p>A total of 38 schools took part in the Legacy Tour, with approximately 7200 young people engaged!</p> <p>As part of the tour we asked all schools to sign an Inspire+ t-shirt to be presented to ambassador Ben Smith.</p> <p><i>"When a small school like Great Ponton can be involved in something like the Legacy Tour it is an opportunity to share experiences with other larger schools. Our Bronze Ambassadors get the opportunity to meet, share and present with children from much larger schools. It helps them grow in confidence, communicate clearly and show responsibility in front of their peers. The tour spreads an important message, encourages thought and ensures pupils are persuaded to be more physically active and to understand the reasons why it is important."</i></p> <p>Mr Clack, Headteacher, Great Ponton Primary School.</p>	
<p>The Daily Mile</p>	<p>The Daily Mile is aimed at every schoolchild with the target of them being able to complete one mile a day.</p> <p>It has been proven to prepare children for their lessons, leaving them more focused and ready to learn. The Daily Mile is non-competitive and fully inclusive, alongside aligning with the new Obesity Strategy announced by the government.</p>	<p>Meetings were held with 20 schools with a further 5 schools interested. 9 schools started The Daily Mile in their schools before the end of term 6.</p> <p><i>"It has been good to have a whole school activity on a regular basis. Good for a sense of community and belonging."</i> – Buckminster Class Teacher</p> <p><i>"The fitter children are doing more and more and the less fit are able to do it more comfortably."</i> – Great Ponton Class Teacher</p>	

<p>Playground Leaders</p>	<p>Following the successful introduction of in-school training, the charity continued to offer this training to all member schools.</p> <p>School's receive 6 x 1 hour training sessions with their chosen group of pupils. This training can also incorporate working with the schools lunchtime supervisors.</p> <p>At the end of the training the pupils and lunchtime supervisors are able to work together on a rota system to provide structured play at lunchtimes.</p>	<p>16 schools accessed training on their school site. As a result over 200 pupils were trained to support their peers in becoming more physically active.</p>	
<p>Specialist coaches</p>	<p>Inspire+ help to provide quality coaching at schools through a comprehensive range of sports, to support increased OSHL and support the upskill of teachers delivering PE curriculum.</p>	<ul style="list-style-type: none"> • A total of 38 Primary Schools have accessed the specialist coaching service, with the majority receiving some sessions for free as part of their Inspire+ membership. • Schools consistently and regularly request additional coaching services. This year over 85 requests were made. • Our specialist coaches provide teachers with the knowledge and guidance to improve and upskill their current PE experience. • School Feedback: <i>"the kids bloomin love her!"</i> <i>"been a fantastic success"</i> <i>"Children have respect for coach and enjoy their sessions. All the staff...have learnt a lot... and enjoy having him...to further develop their skills"</i> <i>"Thanks for another wonderful...lesson - the kids really enjoyed it. In fact the girls you used as the relay example group have decided to set up an athletics club for girls only running on a Wed and Fri lunch time."</i> 	 
<p>Inspire+ mentor programme</p>	<p>Our mentors provided support and guidance to young people with the aim to help remove barriers to learning in order to support effective participation, enhance individual learning, raise aspirations and achieve full potential.</p>	<p>11 schools accessed the mentoring programme, either receiving sessions from Chris Graves, or from Olympian Sophie Allen with 46 children benefitting from the mentoring programme.</p> <p><i>"I have achieved being myself and being more proud</i></p>	

	<p>The mentoring programme is first and foremost for young people who have a genuine interest in sport. Schools identify young people who are not maximising their potential specifically in the following areas:</p> <ul style="list-style-type: none"> • Not applying themselves academically • Gifted and Talented • Young people with behavioural issues <p>Our mentors then hope to help address these issues and engage with the young people through sport.</p> <p>Schools had the option of 3 mentoring session for one term. Or one contact session per term over the academic year and pupils could contact their mentor via email under adult supervision.</p>	<p><i>of myself."</i></p> <p><i>"I have learnt how to swim and be more confident around teachers!"</i></p> <p><i>"Making new friends and not being shy anymore and I feel like I'm not alone."</i></p>	 <p>The image shows a registration card for the 'inspire+ Mentoring Programme'. It features a green and blue design with a photo of a young girl holding a tennis racket. The card includes fields for 'Name', 'School', and 'I pledge'. At the bottom, there are sections for 'Young person's signature', 'Date', and 'inspire+ mentor Signature'.</p>
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COMMUNITY

<p>Olympic Sports Holiday Camps</p>	<p>Holiday sports camps aimed at introducing young people to Olympic and Paralympic Sports. Giving children opportunities to be active during school holidays in a structured and fun environment.</p> <p>Over the 2016/17 academic year Inspire+ held camp days at:</p> <ul style="list-style-type: none"> • Belton Lane Primary School, Grantham • Huntingtower Community Primary Academy, Grantham <p>The charity have continued to provide sessions of both Olympic and Paralympic sports delivered by our Inspire+ core staff and coaches. These sessions provide children with an insight into many different sports that they may otherwise not have the chance to take part in.</p>	<p>Over the 2016/17 academic year, Inspire+ held 31 camp days, with 211 children attending from over 30 different schools.</p> <p><i>"My two children have thoroughly enjoyed their days with you- they have had the opportunity to try new sports and make new friends. Their favourite sport so far is wheelchair basketball. I am grateful for the opportunities for them to be active in such a variety of sports during their school holidays. Thank you to the team for their well organised and inspiring sports camps."</i></p> <p><i>"Sports Camp is great value and my children love going to meet new friends and experience new activities."</i></p>	 <p>The image shows a group of children participating in a wheelchair basketball game. They are wearing green and yellow vests with 'GO' and 'WA' on them. One child in a red shirt is holding a basketball, ready to shoot. The background shows a school building.</p>
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	<p>Our camps follow Ofsted guidelines and we pride ourselves on the quality we provide for participants. The camps also give our Young Ambassador and Sports Leadership Academy volunteers the chance to gain valuable experience working with young people in a sports camp environment. This includes group management and assistant coaching.</p>	<p><i>"Inspire is a fantastic sports camp and great value for money. It is well organised and offers a variety of activities to suit all ages. My children love going and the team of leaders are very welcoming. It's difficult when you work full-time to find somewhere for your children to go where you know they are comfortable and enjoy and I would have no reservations in recommending this camp."</i></p>	
<p>Specsavers</p>	<p>Continued business sponsors of Inspire+, Specsavers Grantham, offered schools their interactive assembly to educate the child on the importance of their eye health, caring for their eyes and having regular eye tests.</p> <p>As part of the assembly, the children got to try equipment used in eye testing and schools received a number of educational resources for teachers and parents.</p> <p>Specsavers have also been able to offer schools free eye test screening equipment for their school which Specsavers would help install and show how to use.</p> <p>In addition to their primary school offer, Specsavers have been able to offer Inspire+ secondary schools with talks on the careers and the science in eye care.</p>	<p>A number of schools received the workshop from Specsavers.</p> <p>Specsavers also ran a competition for schools Bronze Young Ambassadors to design new sports clothing for their school and bid to have this kit brought from them by Specsavers.</p> <p>Out of all the high standard entries, 2 schools were chosen as winners and the clothing produced and brought for their school.</p>	 
<p>Website</p>	<p>In Spring 2017 we launched our new website. The website contains information about all Inspire+ services and initiatives.</p> <p>Schools can inform parents of their PE and Sport provision to pupils by linking the Inspire+ website to the school's website.</p> <p>www.inspireplus.org.uk</p>	<ul style="list-style-type: none"> • Online booking for activities have been up and running for over a year now. • Online bookings for our sports camps have proven to be popular with 77% of bookings made via our online system. • This year we added our CPD courses to the online booking system, although not popular with teachers, we will continue to push this again next year as our preferred option, as this will allow teachers to directly book onto the courses that they wish to attend. 	

Secondary School Provision

Sports Leadership Academy

The Sports Leadership Academy has been running for 9 years and enables the leaders to make a real impact in their schools and local community. By working very closely with the local School Games Organisers we are able to provide these leaders great opportunities to impact sports within their schools and the local community.

We coordinate and run National Governing Body sports courses, which will help introduce them to those sports and enable them to coach, officiate and lead a group in that chosen sport.

Throughout the year we offer a wide range of volunteering opportunities for the leaders to assist and play a part in, these include local school festivals, Inspire+ sports camps, local sports clubs' programmes and other community events.

This year has been the busiest year to date for the SLA with the number of opportunities to volunteer reaching in excess of 70.

This academic year has seen the introduction of 2 more initiatives to enhance the current Sports Leadership Academy. The introduction of the Sports Leaders UK sports leadership courses was to provide the leaders with not only a higher level of training and confidence within the roles they already do, but to reward them with a nationally recognised qualification.

The second addition to the Sports Leadership Academy was the introduction of our Business Skills Pathway which was in partnership with local businesses from Grantham. The Business Skills Pathway event, provided the leaders with key business skills such as, Interviewing Skills, Choosing the correct business and first impressions.

Here are some key facts from the academic year 2016/17:

- Over 1,300 hours logged, with many more unrecorded.
- Over 70 volunteering opportunities throughout the year, ranging from festivals to community events.
- 90 Leaders were trained.
- 15 different sports courses were run, of which 5 were new courses.
- Introduction of SLUK course, 39 Leaders successfully completed the Level 1 Award, with 12 going on to also complete their level 2 award.
- Launch of Business Skills Pathway

With the new additions to the Sports Leadership Academy, the opportunities and depth of the programme that we provide is setting up the leaders for life.



<p>Business Skills Academy</p>	<p>The Business Skills Academy, a new initiative for 2016/17, linked local businesses with our Sports leadership Academy students.</p> <p>Students attended a conference where 5 local businesses ran workshops in different areas key to applying for jobs; including CV writing, body language, being professional and researching companies.</p> <p>Following this students could apply and go through an application process to take on work experience at one the businesses from the conference.</p>	<p>60 of the secondary school Young Ambassadors and Sports Leadership Academy students attended the conference.</p> <p>From this 25 of them applied for work experience across the businesses through sending in an application form and their CV. They then went under interview processes and 18 of them were successful in securing work experience placements during the school holidays.</p> <p>Pupils commented how beneficially they found the whole process as School's are not able to provide work experience anymore or spend much time teaching job and life skills.</p>	
<p>Young Ambassadors (YAs)</p>	<p>The Young Ambassador programme originates from the success of London 2012 and wanting to continue the inspirational games 'inspire a generation' ethos.</p> <p>The Young Ambassador Programme is a country wide initiative which ranges from Bronze YA's in Key stage 2 through to Platinum YA's in Key Stage 5.</p> <p>We are proud to deliver all aspects of this programme which actively engages young people year 5 all the way through to year 13.</p>	<p>The Young Ambassador programme was available to all of the secondary schools in the Grantham and Stamford area. We have a total of 17 Silver, 18 Gold and 10 Platinum Young Ambassadors from all schools which have been active throughout the year.</p> <p>The Gold and Platinum Young Ambassadors come together to create the South West Lincolnshire Young Ambassador Steering Group, who work with Inspire+ and the Local School Games Organiser to support local community events, such as the Mini Olympics.</p> <p>The Young Ambassador steering group were once again invited to the Inspire+ conference to work with a visiting sports ambassador, with this year Olympian Gail Emms welcoming the new members to the group.</p>	
<p>PGL Reward Trip</p>	<p>Linked to the Sports Leadership Academy, this year we were able to offer 12 leaders the opportunity to attend PGL as a reward for their hard work volunteering within the community.</p>	<p>12 Sports Leaders were chosen from those that had applied to attend PGL Caythorpe as a reward for their hard work volunteering. Each leader had volunteered and logged at least 50 hours with the majority logging over 100 hours.</p> <p>We saw the value in rewarding these leaders for their commitment to the SLA and working within the community.</p>	

<p>PGL Confidence Sessions</p>	<p>Secondary schools were able to target pupils that were lacking in confidence/self-esteem and engage them in four twilight sessions at PGL Caythorpe specially designed to support the students.</p>	<p>This was accessed by Stamford Welland Academy & Walton Girls School. The schools selected students who were lacking in confidence and or self-esteem. They engaged in multiple sessions at PGL Caythorpe Court and took part in several activities that allowed them to move outside their comfort zones and the students that engaged in the programme showed great gains, particularly in confidence and team work.</p>	
<p>Gifted and Talented Grant Scheme</p>	<p>Inspire+ supported students identified by the school as Gifted and Talented in sport if kit, transport, or club membership fees were a barrier to reaching their potential.</p>	<p>Nominations were received from two secondary schools, Walton Girls' School and West Grantham Academy (St Hughs); resulting in 7 talented students being awarded a magnificent total of £1866 by the awards panel. This funding has helped towards the cost of equipment, coaching, training and travelling.</p> <p>Head Teachers, Susan Dench from West Grantham Academy and David Scott from Kesteven and Grantham Girls' School, writing to thank Inspire+ for the awards for their students, also acknowledged the many opportunities and support the Charity provided for their students.</p> <p><i>"The financial help provided by Inspire+ in covering some of our daughter's swimming costs has been a tremendous help"</i></p> <p><i>"Thanks to the financial support provided by Inspire+ we have been able to use the funding to purchase on field players kit and off field training kit for our daughter who is in the GB under 18 Touch Rugby Squad."</i></p>	