

Our Programmes

Community Sport and Health Officer

Programme Overview

The Community Sport and Health Officer (CSHO) role focusses mainly on initiating behaviour change in local society. Sport and physical activity improve the health and quality of life for many people, young and old. Working with and across local organisations, the CSHO will help to organise and coordinate the delivery of activities and opportunities for local communities with the aim of becoming more physically active.

The CSHO must have a good understanding of the importance and benefits of physical activity, health and wellbeing. Throughout the programme you will cover the key topics; The principle of behaviour change, adapting delivery to suit different groups in society, managing and leading colleagues/volunteers, developing appropriate sports/physical activity programmes and how to collaboratively work with a network of partners and stakeholders.

Duration

16-18 months

Entry Requirements

Level 2 English and Maths (GCSE/functional skills). Learners without a level 2 will need to achieve this before their end point assessment. There will be an expectation to attend functional skills training.

Previous experience working with children and young people within a sport and coaching environment is desirable.





Qualifications included – Menu of Training

Although there are no required qualifications for completing this apprenticeship. It is expected that apprentices will leave with a meaningful and transferable portfolio with regards to behavioural change. Learners will be offered a selection of qualifications throughout the course. There are no mandatory prerequisite qualifications – although the Multi Skills Coaching qualification at Level 2 and Understanding the Principles of Behaviour Change are examples of courses that could be offered.

Method of Training and Assessments

As part of the qualification learners will be required to take part in at least 20% off the job training. Full time apprentices will need to work for at least 30 hours per week. This 20% off the job training will be delivered by inspire+ team of assessors and trainers. This will take place at your place of employment, off site at one of our cohort locations or via e-learning platform.

An individual training programme will be developed in consultation with the employer and learner to establish the most appropriate method of training. There will be opportunities for individual learning as well as workshops with other learners. Learners will be expected to complete mandatory training elements of the course as well as opting for a minimum of two training courses whilst on programme.

End Point Assessment

Practical Coaching Observation - Learners will demonstrate their skills, behaviours and underlying knowledge. Learners will be asked to plan, deliver and evaluate a coaching or physical activity session within your workplace.

Presentation and Questions - Learners will be asked to present on a major piece of work they have completed throughout the programme.

Interview - The interview will be 30 minutes comprised of a check and challenge process on the apprentices' broader experiences including: communication, progression plans, their professional network, conflict resolution, and soft skills development.

Exit Routes and Career Progression

Successful learners will be able to move into a range of roles within the sector such as leading teams of people or specialising with certain populations, particular sports or programmes.