

# Our Programmes

## PE, Sport and Wellbeing Apprenticeship (PESWB)

### Programme Overview

This programme will develop learners knowledge, understanding and behaviours around PE, Sport and Wellbeing in schools. Learners will complete the Community Activator Coach Standard apprenticeship. The programme offers a variety of opportunities such as understanding safe coaching practices, participant and student needs, planning, delivering and evaluating sessions, working collaboratively, planning sport and community projects and understanding behaviours. PESWB apprentices will be seen as role models within their schools. Promoting these lifelong habits of how to keep healthy, happy and active will be essential to this role. As with all our programmes this apprenticeship will be delivered through a range of practical training, classroom-based workshops, one to one support and e-learning. Apprentices will attend training days every second week and will have access to highly skilled and qualified assessors who have significant PE and School Sport experience.

### Duration

This course begins in August. Learners must be on programme for a minimum of 12 months before entering gateway and end point assessment stage. Most learners will complete the programme in 13-14 month period. Those learners who are looking to move onto higher education e.g. University, a learning plan will be developed in order to meet your needs.

### Entry Requirements

Level 1 English and Maths (GCSE/functional skills). Learners without a level 2 will need to attempt this before their end point assessment. There will be an expectation to attend functional skills training.

Previous experience working with children and young people within a sport and coaching environment is desirable.







### Qualifications included – Menu of Training

- Community Activator Coach Level 2 Standard
- 1st4Sport Principles of Coaching Level 2 Certificate
- ASA National Curriculum Swimming award
- A wide range of practical training centred around PE National Curriculum content

### Method of Training and Assessments

As part of the qualification learners will be required to take part in at least 20% off the job training. Full time apprentices will need to work for at least 30 hours per week. This 20% off the job training will be delivered by inspire+ team of assessors and trainers. Apprentices will have access to training by choosing the closest training venue to them. Training will be given weekly via a range of methods including face to face workshops, practical training, e-learning, directed tasks and one to one sessions.

An individual training programme will be developed in consultation with the employer and learner to establish the most appropriate method of training. There will be opportunities for individual learning as well as workshops with other learners. Learners will be expected to complete mandatory training elements.

### End Point Assessment

**Practical Coaching Observation** - Learners demonstrate their skills, behaviours and underlying knowledge. Learners will be asked to plan, deliver and evaluate a coaching or physical activity session within a workplace.

**Presentation and Questions** - Learners will be asked to present on a major piece of work they have completed throughout the programme.

**Interview** - The interview will be 30 minutes comprised of a check and challenge process on the apprentices' broader experiences including: communication, progression plans, their professional network, conflict resolution, and soft skills development.

### Exit Routes and Career Progression

Learners who complete successfully will be able to progress onto higher level apprenticeships such as Level 3 Community Sport and Health Officer. Other routes may include working within a community environment such as schools, community centres and councils promoting, designing and leading physical activity programmes. Others may use this course to access alternative qualifications such as Teaching Assistant Level 3 or Mentoring Level 3.