

## AUGUST 2021

### PE, Sport and Wellbeing Apprenticeship

# We are now ascertaining interest for our PE, Sport and Wellbeing 2021 programme!

Are you due to finish School / College by August 2021? Are you keen to continue studying without going to University? Would you like to be challenged, supported and developed all while earning a salary from day one? Perhaps an apprenticeship is for you...

Apprenticeships are an exciting option - you get hands-on training and also the chance to put your skills into practice. They are funded from contributions made by the government and your employer meaning you will not have any student loans or tuition fees.

Whether you are a School / College leaver, somebody hoping to upskill in your career or are looking to make a complete career change, we would like to hear from you.

Our PE, Sport and Wellbeing 2021 programme will develop your knowledge, understanding and behaviours around PE, Sport and Wellbeing in schools. You will complete the Community Activator Coach Standard apprenticeship, receiving a variety of opportunities such as understanding safe coaching practices, delivering sessions and planning sporting projects.

### **Programme Delivery**

The Apprenticeship will be delivered through a range of practical training, classroom-based workshops, one to one support and e-learning. There will be the opportunity to undertake a number of related courses that will enhance your apprenticeship training and development.

### Entry Requirements

Individual employers set their own entry requirements. However, you will typically require 5 GCSEs at Grades 4/C or above including English and Maths. If you have not previously achieved the entry requirements, you will be supported to complete Functional Skills and should therefore still apply!

### **Potential Career Options**

Successful completers will be able to move into roles within the sector which may be aligned to further study at a higher level. Your progression is likely to involve the delivery of sporting and physical activity programmes to certain populations or communities.

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### **Programme Content**

- Planning and adapting sessions and activities to encourage young people to develop a lifelong activity habit
- Coaching or leading pre-planned sport or physical activity sessions that are attractive to young people
- Promoting a physical activity offer, including (but not exclusively) organised play and sport in the community which supports individuals on their behaviour change journey
- Working collaboratively with sports clubs and other community assets
- Supporting families to participate in sport and physical activity together
- Working effectively with customer insight to overcome individual, community and societal barriers to participation in physical activity and sport
- Contributing to the employer's design of activities and services whilst adhering to their values, policies and procedures
- Contributing to teams that deliver community events and festivals
- Supporting organisations to evaluate, develop and promote sessions and other opportunities such as outdoor group exercise and informal social play
- Maintaining personal safety and wellbeing, as well as that of young people
- Managing disruptive behaviours from individuals within the group setting
- Encouraging young people to be regularly active both formally and informally within sports clubs or leisure facilities including open-space

### Additional Information

Upon successful completion of the programme, you will be automatically given CIMSPA (Chartered Institute for the Management of Sport and Physical Activity) at Associate Membership level.

### **Next Steps**

For further information please email us at <a href="mailto:recruitment@inspireplus.org.uk">recruitment@inspireplus.org.uk</a>

To register your interest for August 2021, please apply and one of our team will be in touch in Spring 2021.

Upon submission of an application, you consent to the collection and retention of your personal data. Inspire+ may use your personal data for the purpose of considering your suitability for employment for the role for which you are applying, as well as future roles that may become available.

By submitting your information, you acknowledge that you have read and understood the foregoing and consent to the uses of your information as set out above.