

Lincolnshire Schools

Active Travel Award



The School Games Organisers of Lincolnshire are proud to present the Lincolnshire Schools' Active Travel Award.

This challenge has been set up to boost physical activity amongst the pupils in your school and help promote an active lifestyle.

What do I need to do?

- Register your interest with your School Games Organiser
- Share your plans and promote engagement to pupils and parents from your school
- Record how many children actively travel to school each day
- Send the number of engaged children to your SGO each month

How does it work?

- You will receive a simple recording sheet to help count pupils actively traveling to school each day
- The number of pupils involved will be recorded as a percentage of your 'on roll' pupils
- At the end of the challenge schools will receive awards dependent on the percentage of pupils actively traveling to school on a regular basis
- Data should be returned at the end of each month for special mentions and rewards
- The challenge will run from October till March
- Minimum of 1 month engagement require

Pupils can walk, run, cycle or skip to and from school to get an active travel tick that day

Promote a safe place, where parents can park and then stroll to school with their children

Awards

15% Pupils 'actively travelling' to/ from school

35% Pupils 'actively travelling' to/ from school

50% Pupils 'actively travelling' to/ from school

70% Pupils 'actively travelling' to/ from school



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*"An **Active** school environment directly contributes to better behaviour and improved results. More importantly creates children who move around more, are healthier, happier, better behaved and more engaged."* **Dr William Bird MBE**



YOUTH
SPORT
TRUST