



## Athletics

Sportshall Pentathlon  
Friday 4<sup>th</sup> December 2020

### REQUIREMENTS

- Score / result recording sheet
- Activity rules and guidance sheet
- **RETURN ALL YOUR SCHOOLS SCORES BY FRIDAY 4<sup>th</sup> DECEMBER 2020**

### EVENT FORMAT

- Complete all 5 events, recording your best attempt for each
- This can be delivered across a term, not just in 1 PE lesson
- All 5 results will be combined to create an individual pentathlon score
- The best 3 Girls and best 3 Boys scores will be announced once all results are in.
- For mixed sex schools, if a school enters a minimum of 9 girls and 9 boys then a combined school team score will be determined

### OTHER INFORMATION

- The Sportshall Programme provides an exciting and highly popular introduction to athletics competition and offers a chance to attempt multiple events. Additional information can be found on <https://www.sportshall.org/awards-homepage>
- We have chosen the 5 events that we believe can be delivered easily, without multiple contact points. They could also be delivered outdoors dependent on the weather conditions
- Keep attempting the events to improve your skill and set a new personal best
- This event can be scored easily and also delivered as Intra House Team competition within your school
- **Your schools policy and procedures on Covid-19 should always be followed! We understand that adjustments may need to be made to deliver this event and still follow rules, but please let us know if a drastic change has been made as this could affect scoring.**