

inspire⁺

Healthy, Happy, Active Young People



IMPACT REPORT 2022/23

HI THERE,

inspire+ have had an incredibly busy year working within schools and the community to ensure children are healthy, happy & more active!

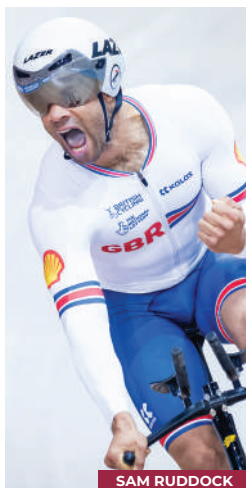
In the 2023/23 academic year, we were dedicated to promoting children's health, happiness, and increasing physical activity. We take pride in our achievements, which include delivering inspirational assemblies through our passionate ambassadors, providing valuable CPD training to teachers, hosting a thrilling Mini Olympics event, providing more than 6,000 hot and nutritious meals to eligible children at our camps during the holidays, and celebrating the success of our PE apprentices who earned awards through their dedication and hard work.

Dive into this report to discover the remarkable milestones we reached last year.

+ INSPIRATIONAL AMBASSADOR VISITS

244

Assemblies delivered by
our ambassadors



SAM RUDDOCK



JONATHAN BROOM-EDWARDS



JOE ROEBUCK



DAI GREENE

+ SPORTS LEADERSHIP ACADEMY



Active secondary school volunteers

MENTORING PROGRAMME

20

Schools received Well-being mentoring

11

Schools received Fitness Mentoring Programme

13

Schools received new Wake & Shake Mentoring Programme

Totalling over

521

pupils accessing this support

+ TALENTED ATHLETES PROGRAMMES

Over

440

Attended our Talented Athlete Programmes from KS1 through to year 7. Twice the number from 2021/22.

+ WRAPAROUND CARE



Reach for the Stars wraparound care, located at Uffington Primary School in Stamford, Lincolnshire is about promoting a vibrant experience for children.

Beyond providing healthy food, we ensure children enjoy a vast range of sports and physical activities.

We're dedicated to igniting their passions and promoting a safe and enjoyable environment for every child.



+ BRONZE YOUNG AMBASSADORS

135

Trained this year

+ LEGACY TOUR

135

School assemblies led by their Bronze Young Ambassadors



+ PLAYGROUND LEADERSHIP TRAINING

99%

of children enjoyed participating in the sessions

93%

of children increased their confidence

97%

of children found the course gave them the necessary skills and resources to become a successful Playground Leader



349

Pupils trained to become playground leaders

+ TEAM TEACHING PE DELIVERY

336

Blocks of team teaching PE support.

+ TEACHER CPD

311

Attendances across our huge range of courses.

“
It was all great! Covered everything we wanted. You were all really friendly and knowledgeable. Keep doing what you are doing.

SPECIALIST COACHING



90%

Pupil confidence after the sessions.

84%

Pupil enjoyment after the sessions.

Mini Olympics



3
days

From 13th to 15th June



2,216

Primary children participated



283

Sports Leaders
and volunteers



54

schools



32

VIP guests



7

celebrities



Scan the code

Pictures are now available
on our website



+ SCHOOLS ACTIVE MOVEMENT (SAM)

Schools Active Movement (SAM) is a national body representing not-for-profit organisations working in schools supporting PE and School Sport. SAM was Co-Founded by Alan Watkinson (Mo Farah's PE teacher) and Vincent Brittain during the COVID-19 pandemic after successfully leading a national campaign to reinstate PE & Sport Premium.

SAM members work across 12,000 schools across England, and SAM sits on the national School Sport & Activity Sector board, ensuring those performing this work in schools are represented.

Recent achievements have been supporting the sector to secure 'longer term' funding for PE & Sport Premium for schools and the School Games Organiser network. This funding has now been confirmed for the 23/24 and 24/25 academic years.



+ HOLIDAY CLUBS

Our Holiday Activities and Food (HAF) programme, along with our Move & Food programme, provided **6,102** funded healthy, hot meals for eligible children during the school holidays.

Our clubs ensure each child receives nutritious meals and healthy snacks daily, as well as providing opportunities to be more active, try different activities and make new friends during the holidays.

“

It is so helpful to have access to fresh food and healthy meals for the children during the school holidays.

”



“

I love your ethos and my son enjoyed the mixture of activities and it ensured his mind was not wasted with games consoles for the majority of the Easter holidays.

”



In partnership with:

Lincolnshire
COUNTY COUNCIL
Working for a better future



**SOUTH
KESTEVEN
DISTRICT
COUNCIL**

“

All the staff at inspire+ have always been so helpful, all the children seem to come out with big smiles, what a great team of people.

”

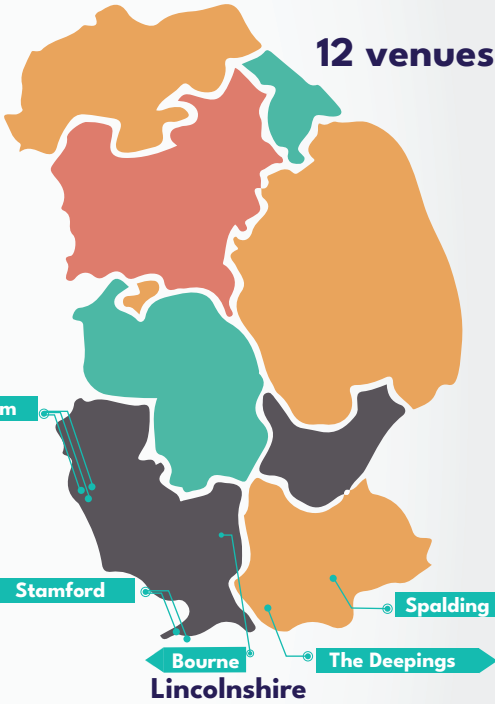


Delivered during
Easter, Summer and Christmas holidays

Over
2,000
leader hours



5,630
healthy hot meals



15 delivery partners
alongside the skillset of our sports
coaches and teaching staff

95%
enjoyed the camp

96%
more active

92%
enjoyed eating
healthy food

92%
learnt new skills

97%
made new friends

95%
tried new foods

+ APPRENTICESHIPS

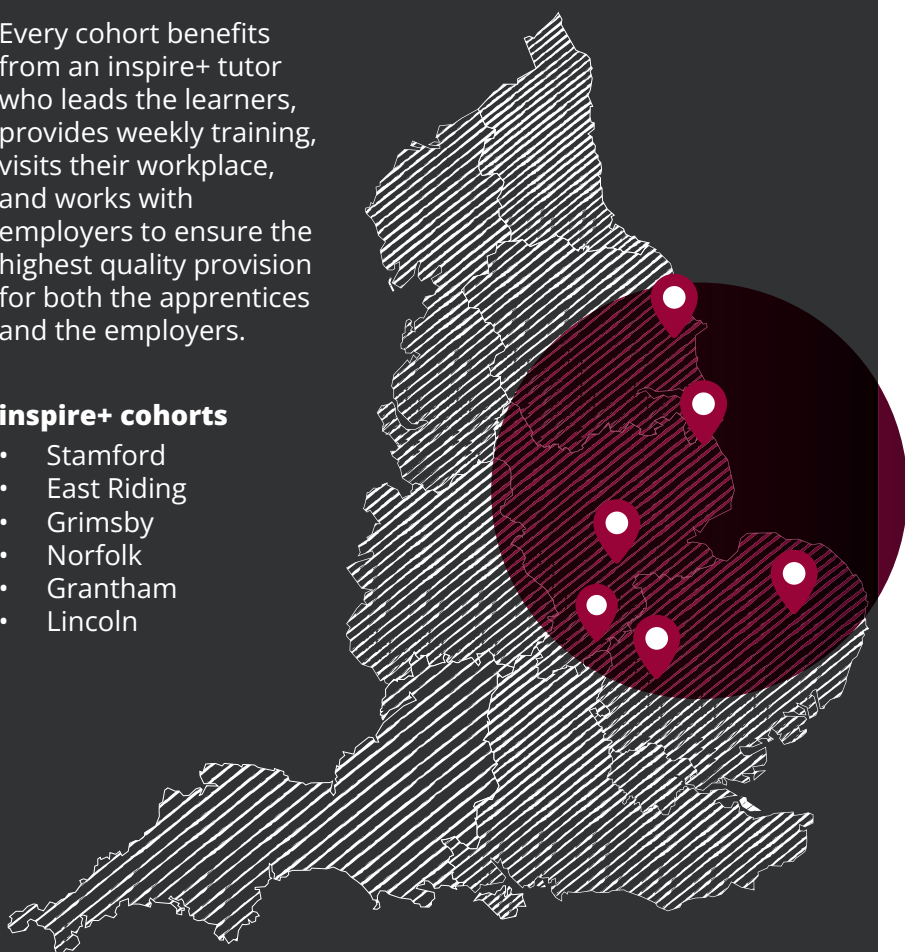
OUR CURRENT LOCATIONS

Our apprenticeships are delivered at six different cohorts.

Every cohort benefits from an inspire+ tutor who leads the learners, provides weekly training, visits their workplace, and works with employers to ensure the highest quality provision for both the apprentices and the employers.

inspire+ cohorts

- Stamford
- East Riding
- Grimsby
- Norfolk
- Grantham
- Lincoln



+ APPRENTICESHIP STATS

124

learners across three PE, Sport and Well-being programmes.

72% Apprenticeship Achievement Rate for our Level 2 CAC Programme, which is 20% above national average.

100% Pass rate for all apprentices in 2022.

“

Our apprentice goes above and beyond every day. Her sessions are exciting, well planned and thought out. She has made extra special efforts to get to know all the children and staff and adapts her sessions accordingly.

35

Nominations for the inspire+ Apprentice of the Month Awards



Deneil Thomas, Apprentice at West Grantham Academy
Inspire Education Group (IEG) Apprentice of the Year



Declan Brown, former Apprentice at Scampton Primary School
Lincolnshire County Council (LCC) Apprentice of the Year

Scan the code to visit our website and read real stories of our apprentices.



inspire⁺

Healthy, Happy, Active Young People

A sports and education charity dedicated to positively impacting young people's lives.

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www.inspireplus.org.uk